



CHOOSE BELLA MAMA

Pregnancy is one of the most beautiful times in a woman's life, but also a time of radical physical and emotional changes. Bella Mama natural skin care products are designed to ease the challenges and celebrate the beauty of pregnancy and motherhood. All Bella Mama products are created with the highest quality natural ingredients, chosen for safety and effectiveness and blended with subtlety and care by a master herbalist, aroma therapist and natural skin-care specialist. And they're tested by the toughest critics—busy, particular, beautiful mothers.

AROMATHERAPY & PREGNANCY

True aromatherapy is an ancient healing tradition that uses concentrated plant essences, known as essential oils, in carefully blended combinations and proportions. These gifts of nature add the purest forms of fragrance to beauty products, but also lend subtle yet powerful benefits to the body and the spirit. Some essential oils have a calming effect, others invigorating; some help prevent scars, help wounds heal, or contribute to soft, healthy skin.

Bella Mama products contain pure essential oils. These exquisite, professional-quality pure essential oils are made from organically grown or wildcrafted plants, with no chemical additives or thinners. Bella Mama blends the oils in bases of vibrant, cosmetic-quality natural plant oils, such as rose hip seed, jojoba, hazelnut and sunflower, which nourish and soften the skin. Finally, we add botanical herbs to calm the skin, promote healing, reduce inflammation and prevent scarring.

**This material is not intended as health care advice. Pregnant women should consult with their health care practitioner before using aromatherapy products.*

ABOUT PRESERVATIVES

Bella Mama is committed to natural ingredients as well as to the long-term safety and effectiveness of our products. Water-based personal care products, such as Bella Mama Rejuvenating Face & Body Spritzer and Healing Sitz Bath, require some preservative action to maintain freshness and quality at room temperature. We use an extremely gentle and safe preservative, derived from natural amino acids, to keep Bella Mama's water-based products completely usable and enjoyable over time.



ORDERING INFORMATION:

To order your Bella Mama line, contact us at 303-516-0882, or toll free at 888-831-4474. To order on line go to www.bellamama.com

759 South Race Street Denver, Colorado 80209 · info@bellamama.com

ALL NATURAL



HEALTHY PRODUCTS FOR EXPECTING PARENTS

pure, simple and useful.

PRODUCTS



BELLY OIL 2 oz & 4 oz

This comforting oil was made to soothe skin, reduce itchiness and minimize stretch marks. Mildly scented with high-quality pure essential oils of lavender and neroli. The luxurious belly oil leaves skin feeling healthy and satiny-smooth before and after childbirth.

Directions: Gently massage onto your belly (or any other area that is expanding!) right after you shower and before you go to bed.

Ingredients: sunflower seed oil, jojoba oil, olive oil, hazelnut oil, borage oil, rose hip seed oil, extracts of oat and calendula, tocopheryl acetate (vitamin E), ascorbyl palmitate (vitamin C), essential oils of lavender and neroli



BELLY BUTTER 6 oz

This rich and luxurious butter was made to soothe skin, reduce itchiness and minimize stretch marks. Delicately scented with high-quality pure essential oils of lavender, sweet orange and mandarin. The wonderful belly butter nurtures skin before and after childbirth.

Directions: Gently massage onto your belly (or any other area that is expanding!) right after you shower and before you go to bed.

Ingredients: herbal infusion of chamomile and calendula in deionized water, coprylic / copric triglyceride, stearic acid glycerin stearate, safflower oil, shea butter, polysorbate 60, mango butter, stearyl alcohol, sweet almond oil, avocado oil, oat and aloe vera extracts, tocopheryl acetate (vitamin E), beta carotene, panthenol, allantoin, locust bean gum, rose hip seed oil, algae extract, sodium carborer, phenoxyethanol, methylparaben, propylparaben, essential oils of lavender, mandarin and sweet orange



FOOT SALTS 8 oz

Rest tired, swollen feet in a bath filled with these uplifting salts made with a wonderfully cool and refreshing citrus aromatherapy blend.

Directions: Pour 2 Tablespoons into large bowl or shallow tub under running water. Relax and enjoy. After the bath spend a few minutes with feet elevated.

Ingredients: salt blend (sodium chloride, sodium sulfate, sodium bicarbonate,) sunflower oil, avocado oil, jojoba oil, extracts of cucumber and mallow, witch hazel extract, retinyl palmitate (vitamin A), tocopheryl acetate (vitamin E), ascorbic acid (vitamin C), Cooling citrus pure essential oil blend



HERBAL SITZ BATH 2 oz

Help your body heal during pregnancy and in the tender days after childbirth with this easy-to-use liquid bath concentrate. Comforts and soothes sore, swollen perineal tissues and hemorrhoids with a restorative blend of pure plant extracts.

Directions: Fill a shallow tub with warm water and 2 Tablespoons of Sitz Bath. Soak your bottom area for 8 to 10 minutes, one to three times a day.

Ingredients: deionized water, extracts of calendula, cucumber, lavender and mallow, rose water, xanthan gum (a natural thickener and skin soother), allantoin, and sodium hydroxymethylglycinate (as preservative)



NURSING SALVE 1.1 oz

This safe and totally natural salve soothes the dry and irritated nipples nursing mothers often experience, so you can enjoy your most special times with your new child.

Directions: Apply to breast and nipple area after feeding. Allow salve to absorb completely into skin before next feeding.

Ingredients: safflower oil, beeswax, shea butter, olive oil, jojoba oil, squalane, extracts of calendula and mallow, tocopheryl acetate (vitamin E), retinyl palmitate (vitamin A), ascorbyl palmitate (vitamin C)



FACE & BODY SPRITZER 4 oz

Instant refreshment and hydration in a spray with a subtle, light yet complex fragrance. Spray on face and body to keep the "pregnancy glow" alive!

Directions: Apply this rejuvenating mist to your face and body throughout the day for a quick pick me up. You can also refrigerate for a cooling feeling or add to a steam when giving yourself a facial.

Ingredients: deionized water, aloe vera gel, rose floral water, vegetable glycerin, extracts of cucumber, green tea, rosebud and algae, panthenol (pro-vitamin B-5), allantoin, scorbic acid (vitamin C), tocopheryl acetate (vitamin E), retinyl palmitate (vitamin A), pure floral essential oil blend, and sodium hydroxymethylglycinate (as preservative)

GIFT SETS

Ask about our seasonal sets!

BELLA MAMA STARTER GIFT SET

Includes: 2 oz Belly Oil, Face & Body Spritzer and Foot Salts.

Banded together and wrapped beautifully for a perfect gift.

BELLA MAMA FULL TERM GIFT SET

Includes: Belly Butter, Face and Body Spritzer, Foot Salts and Nursing Salve.

Banded together and wrapped beautifully for a perfect gift.

FOR SPAS

Our Belly Oil and Foot Salts are available in half gallon and gallon sizes for signature spa treatments.

Hear what they are saying about our Bella Mama gift sets...

"This makes a great gift-anything to pamper a mom to be! Even if she doesn't have the 'glow', at least she'll feel like it!"

- Cindy Crawford (Cindy's corner) May 2001 Babystyle.com

BELLA MAMA... For Beautiful Mothers.